

# ALBUQUERQUE ATHLETICS TRACK

## ALL COMERS DEVELOPMENTAL TRACK & FIELD MEET Sanctioned by USA Track & Field

**DATE:** Sunday, May 15, 2011 **TIME:** 8:00 AM (First Event) **FIRST CALL:** 7:45 AM

**LOCATION:** Milne Stadium **MEET DIRECTOR:** CARL BRASHER

**ENTRY AND FEE DEADLINE:** *Friday, May 6, 2011 (Entry fees are not refundable after the deadline date.)*

**ENTRIES MUST BE SUBMITTED BY EMAIL USING USATFNM TEAM MANAGER FORMAT.**

**MAKE CHECKS PAYABLE TO:** **ALBUQUERQUE ATHLETICS TRACK**

Tel: 505-328-3835

4525 Jamaica NE

Email: COACH@AATTRACK.COM

Albuquerque, New Mexico 87111

Website: AATTRACK.COM

**REQUIREMENTS:** All participating athletes (Adults & Youths) must have a valid 2011 USA Track & Field Card. Cards must be purchased separately from meet entry fees either on line at usatf.org or from USATFNM at the meet for \$20 for Youths and \$30 for Adults 19 and older.

**ENTRY FEE:** \$5.00 Per Athlete

**DIVISIONS:**

Sub-Bantams (2003 & Younger)

Young M&W (1993-1994)

Bantams (2001-2002)

Open (Ages 19-29)

Midgets (1999-2000)

\*Sub-Masters (Ages 30-39)

Youths (1997-1998)

\*Masters (Ages 40 & UP)

Intermediates (1995-1996)

\*5 Year Increments

*\*Returned check Fee \$25.00.*

**EVENT LIMITATIONS INCLUDING RELAYS:** Sub-Bantams, Bantams and Midgets 3 events, all other divisions 4 events.

**AWARD RIBBONS:** 1st through 6th Place for individual and relay events.

**FACILITIES:** There will be a concession stand and restroom room facilities available at the track.

**PARKING:** Stadium Parking Lot

### SCHEDULE OF EVENTS:

#### Track Events 8:00 AM:

1500/3000 Meter Race Walk

3000 Meter Run

4x100 Meter Relay

400 Meter Dash

100 Meter Dash

Lollipop Race

800 Meter Run

200 Meter Dash

1500 Meter Run

4x400 Meter Relay

#### Field Events 8:00 AM:

Athletes must provide their own throwing implements.

Long Jump North Pit: SBG, BG, MG, Youth Girls and Older

Long Jump South Pit: SBB, BB, MB, Youth Boys and Older

High Jump: BG&BB, MG&MB, Youth Boys & Girls and Older

Shot Put East Ring: MG, BG, Youth Girls and Older, SBG

Shot Put West Ring: MB, BB, Youth Boys and Older, SBB

Mini-Javelin North End Zone: BG, MG, SBG

Mini-Javelin South End Zone: BB, MB, SBB

Javelin: Youth Boys & Girls and Older

Discus - Follows the Javelin: Youth Boys & Girls and Older, MB& MG

**NOTES:** Running events will be run youngest to oldest, female to male. The 1500/3000M Race Walk will be run simultaneously. The 1500 & 3000M runs will be combined by age divisions. All Field Events will start at 8:00 AM except the Discus, which will follow the Javelin. **ONLY OFFICIALS AND ATHLETES COMPETING ALLOWED ON THE INFIELD. WARMUP AREA IS THE CLOSED PARKING LOT SOUTH OF THE TRACK.**

#### Individual Entry Information Only:

Circle: Age Division, Events, Gender: Male or Female

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

USATF# \_\_\_\_\_

All participating athletes must have a valid 2011 USA Track & Field card. The athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2011 USATF Track & Field card or one has been applied for if the card number is not available. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track team All-Comers track meet. Albuquerque Athletics Track Team, Inc. (AAT) is not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. I, for myself, the undersigned parent or legal guardian, do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc. is coaches, officers, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments or demands for damage arising from accidents, injuries, or death of the above athlete(s), athlete(s) family members or property.

Athlete (if over 18), Parent, Coach, Legal Guardian

Date

Phone Number