

NEW MEXICO USATF JR OLYMPIC XC CHAMPIONSHIPS  
NEW MEXICO USATF OPEN/MASTERS XC CHAMPIONSHIPS  
ALBUQUERQUE ACADEMY

NEW MEXICO ASSOCIATION USA TRACK & FIELD  
8125 OTERO DR. NE, ALBUQUERQUE, NM 87109  
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DATE: November 9, 2008  
PLACE: Albuquerque Academy Campus, Albuquerque, New Mexico  
START: Walk the course at 8:30AM, races begin at 9:30 AM.

SCHEDULE:

Open/Masters 5K	9:30 AM
Bantam Girls/Boys 3K	upon completion of previous event
Midget Girls/Boys 3K	upon completion of previous event
Youth Girls/Boys 4K	upon completion of previous event
Intermediate Girls/Boys 5K**	upon completion of previous event
Young Women/Men 5K**	upon completion of previous event

\*\*5K may be combined depending upon # of entries – please check with race director following completion of course walk.

ENTRY DEADLINE: 8:00 PM, Friday, November 7, 2008,  
Entries accepted via Hy-Tek. Demo lite downloads  
available at [www.usatfnm.org](http://www.usatfnm.org). For questions  
regarding Hy-Tek, please email [aattract@aol.com](mailto:aattract@aol.com).

ENTRY FEE: **\$6.00 per athlete, make checks payable to NM  
USATF. Late entries will be charged an additional  
fee of \$25.00 per entry. Entry fees accepted via  
mail or on day of meet.**

AGE DIVISIONS:	BANTAM	1998+	3K
	MIDGET	1996-97	3K
	YOUTH	1994-95	4K
	INTERMEDIATE	1992-93	5K
	YOUNG M/W	1990-91	5K
	OPEN	19-29	5K
	MASTERS	30+	5K

AWARDS: Medals 1-10 places for Junior Olympics; trophies to the first place teams in each age group. Medals 1-3 places for Open and Masters. Masters will be awarded in 5-year age increments.

ELIGIBILITY: The meet is open to all athletes with a valid 2008 Track & Field Card. Cards are available for purchase at [www.usatf.org/membership](http://www.usatf.org/membership). All finishing individuals and top 3 teams in each age group are eligible to compete at the Region 10 meet to be held on November 15th in Albuquerque, NM. Athletes must declare their intent to participate before the end of the meet, and they must present proof of age in the form of a birth certificate, driver's license, passport or other acceptable form. Clubs must be registered members of USATF, and **athletes representing clubs must be registered members of said club prior to the meet.**

**High school athletes participating in the NMAA State Cross Country Championships on November 8, 2008 will be given an automatic bye to Region X, however they must declare their intent by completing the required paperwork and remitting the proper fee by the end of the meet on Sunday, November 9th.**

RESTROOMS AND CONCESSIONS WILL BE AVAILABLE