

ALBUQUERQUE
ATHLETICS
TRACK
ALL COMERS CROSS-COUNTRY MEET
Sanctioned by USA Track & Field

DATE: Sunday, September 21, 2008 **TIME:** 10:00 AM (First Race) **WALK THE COURSE:** 9:00 AM

MEET DIRECTOR: CARL BRASHER **LOCATION:** John B. Robert Dam
(East side on Juan Tabo between Montgomery & Spain)

ENTRY AND FEE DEADLINE: *Thursday, September 18, 2008 (Entry fees are not refundable after the deadline date.)*

ENTRIES MUST BE SUBMITTED BY EMAIL USING USATFNM TEAM MANAGER FORMAT.
(Club teams include your entire team roster.)

MAKE CHECKS PAYABLE TO: **ALBUQUERQUE ATHLETICS TRACK**
Tel: 505-328-3835 4525 Jamaica NE
Email: COACH@AATTRACK.COM Albuquerque, New Mexico 87111
Website: AATTRACK.COM

REQUIREMENTS: All participating athletes (Adults & Youths) must have a valid 2008 USA Track & Field Card. Cards must be purchased separately from meet entry fees either on line at usatf.org or from USATFNM at the meet for \$19.95 for Youths and \$29.95 for Adults 19 and older.

ENTRY FEE: \$6.00 Per Athlete	DIVISIONS:	Sub-Bantams (2000 & Younger)	Young M&W (1990-1991)
		Bantams (1998-1999)	Open (Ages 19-29)
		Midgets (1996-1997)	Sub-Masters (Ages 30-39)
		Youths (1994-1995)	Masters (Ages 40 & UP)
		Intermediates (1992-1993)	

**Returned check Fee \$25.00.*

AWARD RIBBONS: 1st through 6th Place for individuals.

FACILITIES: There will be a concession stand and portable restroom rooms available at the site.

PARK IN DESIGNATED AREAS ONLY: Parking is at El Oso Grande Park south parking lot (near TVI – access off Morris only) and along Osuna Drive on the west side of the dam and Juan Tabo. Additional parking is available at Eisenhower Middle School located ¼ mile north of the dam at Camero and Juan Tabo (just north of Spain). **DO NOT PARK ON THE SURROUNDING NEIGHBORHOOD STREETS, BUSINESS AND CHURCH PARKING LOTS.**

SCHEDULE OF EVENTS:

5K RUN: Intermediate Girls & Boys, Young M&W,
and All Open Age Divisions
4K RUN: Youth Girls then Boys
1K RUN: Sub-Bantam Girls then Boys
3K RUN: Bantam Girls then Boys
3K RUN: Midget Girls then Boys

INDIVIDUAL ENTRY INFORMATION ONLY:

Circle: Age Division, Events, Gender: Male or Female

Name: _____

Date of Birth: _____

2008 USATF# _____

All participating athletes must have a valid 2008 USA Track & Field card. The athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2008 USATF Track & Field card or one has been applied for if the card number is not available. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track team All-Comers track meet. Albuquerque Athletics Track Team, Inc. (AAT) is not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. I, for myself, the undersigned parent or legal guardian, do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc. its coaches, officers, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments or demands for damage arising from accidents, injuries, or death of the above athlete(s), athlete(s) family members or property.

Athlete (if over 18), Parent, Coach, Legal Guardian

Date

Phone Number