



# 2011 USATF New Mexico Association Junior Olympic and Open/Masters Cross Country Championships



9:30 am Sunday, November 6, 2011  
John B. Robert Dam, Albuquerque, New Mexico

## SCHEDULE ORDER OF EVENTS & AGE DIVISIONS:

Age Divisions	Distance	Time
Young Men & Women (1993-94) 5K Open 19-29 5K Sub-Masters 30-39 5K 5 yr increments Masters 40+ 5K 5 yr increments	5 km (3.1 miles)	9:30 AM – Combine <b>YM &amp; YW</b> , Open, Sub Masters, Masters Men and Women **
Intermediate (born 1995–1996)	5 km (3.1 miles)	Combine both <b>Girls and Boys</b> upon completion of previous event **
Youth (born 1997–1998)	4 km (2.48 miles)	Girls then Boys upon completion of previous event
Sub-Bantam (born 2003+)	2 km (1.24 miles)	Girls then Boys upon completion of previous event
Bantam (born 2001-2002)	3 km (1.86 miles)	Girls then Boys upon completion of previous event
Midget (born 1999-2000)	3 km (1.86 miles)	Girls then Boys upon completion of previous event

\*\* Open, Sub-Masters, Masters, YW & YM combined 5K race and the IG & IB combined 5K race will be run as listed but if the entry numbers for the YW, YM, IG and IB age divisions are large these age division races may be run separately per the games committee.

## ELIGIBILITY REQUIREMENTS:

**Individuals:** Current USATF membership is required to compete [www.usatf.org](http://www.usatf.org). Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration for date of birth (DOB) verification and participation.

**Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

## YOUTH NM STATE JO XC CHAMPIONSHIPS ENTRY PROCESS & ENTRY DEADLINE:

Registration opens October 17, 2011 and **MUST** be completed by midnight Wednesday November 2, 2011 for teams and unattached athletes. **ONLY ONLINE ENTRIES WILL BE ACCEPTED** and *payment must be made online at the time of registration*. Go to [www.coacho.com](http://www.coacho.com) or use this link [http://usatfregistration.com/cgi-bin/login.pl?cd=nm\\_usatfyouth](http://usatfregistration.com/cgi-bin/login.pl?cd=nm_usatfyouth) Select the date of the race and select "11-06 USATF NM JO XC Championships" and follow the instructions to register. **\*\*\*In order to register you must be a USATF member & have your date of birth verified\*\*\*** by our membership chair Laurie Sabik: cell (505) 908-8996, Fax 866-454-4940, email: [lauriesabik@comcast.net](mailto:lauriesabik@comcast.net). See DOB verification documents above. Get this done ASAP so you don't miss the deadline. When you go to [register](#) you will find out if your DOB has already been verified. If you have run in our previous association championships then you may already be verified. **NO Day of Event registration!!!**

**BIB NUMBER & PACKET PICK-UP:** All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Packet pick-up will be at the race site on the morning of the event from 7:30 to 8:30am.

**FEES & PAYMENTS:** Individual Fees: \$6.00 per athlete. *Team Fees: No charge.* All payments are due online at the time of registration.

**TEAM SCORING:** At least 5 athletes to comprise a "Team Score". You may enter up to 8 athletes on the team entry/declaration as scoring athletes. If you have more than 8 athletes in the same gender and age group then you may form a "B" team and so on. The top 5 finishers among the declared "team" will score.

**AWARDS:** USATF Junior Olympic medals will be awarded to the top ten individuals in each age division. Team trophies will be awarded to the team in each respective category.

**EVENT RESULTS:** During competition, event results will be posted and awards given within 30 minutes of the completion of each race on the wall adjacent to the finish line. In addition, event results will be posted at [www.newmexico.usatf.org](http://www.newmexico.usatf.org) by midnight November 9, 2011.

**OPEN/MASTERS NM STATE XC CHAMPIONSHIPS ENTRY PROCESS & ENTRY DEADLINE:**

Registration opens October 17, 2011 and must be completed by midnight Wednesday November 2, 2011 for open/masters athletes. All entries are to be submitted to Laurie Sabik: cell (505) 908-8996, Fax 866-454-4940, email: [lauriesabik@comcast.net](mailto:lauriesabik@comcast.net). Please provide USATF # and name as spelled on USATF card and DOB. Fees same as youth race. Payment by check, cash or money order at packet pick-up at the race site from 7:30-8:30am on the morning of the event.

**MEET DIRECTIONS & PARKING:** John B. Robert Dam is located on the east side of Juan Tabo NE between Montgomery and Spain. From I-40 exit at Juan Tabo and drive north on Juan Tabo approximately 4 miles north to Montgomery. Continue north on Montgomery ¼ mile, dam is on the east side of the street. From I-25 exit at Montgomery drive east approximately 5 miles to Juan Tabo, turn left (north) drive ¼ mile to the dam. Parking will be along Camero Drive NE at Eisenhower Middle School located ¼ mile north of the dam and Spain Road. Parking will also be located along Manitoba Drive NE 1/8 mile just south of the dam. Additional parking will be located at El Oso Grande Park parking lot located ¼ mile west of the dam between CNM and the park. Access to the park is off of Morris (1/2 mile west of Juan Tabo at Morris and Montgomery). Drive north on Morris past Montgomery approximately ¼ mile turn right (east) toward the lot. Parking is also available along Spain Road on the north side of El Oso Grande Park. Parking at the base of the dam will be limited to event staff and emergency vehicles only. **PARKING IS NOT PERMITTED IN THE BUSINESS, CHURCH AND CNM PARKING LOTS AND MAY BE SUBJECT TO TOWING AT OWNERS EXPENSE.** Please park in the designated areas; do not park along the residential streets surrounding the open space. Parking attendants will direct you until 9:30 am when the 1<sup>st</sup> race goes off.

**JO REGION 10 ADVANCEMENTS:** All individuals and all teams in each age group who complete their race in the USATFNM State JO XC Championships will be eligible to advance to the USATF Region 10 Championships to be held on November 19, 2011 in Denver, Colorado.

All advancements/entry for the USATF Region 10 Championships must be submitted online by **MIDNIGHT MONDAY NOVEMBER 14, 2011**. Online entries are to be submitted by visiting [www.coacho.com](http://www.coacho.com) Select the date of the race and site, and follow the instructions. The Region 10 flyer is posted at [www.newmexico.usatf.org](http://www.newmexico.usatf.org)

**ADVANCEMENT HIGH SCHOOL ATHLETES:** High school athletes that compete in and start their race at the NMAA High School State Cross Country Championships on Saturday November 5, 2011 will be eligible to advance to the USATF Region 10 Championships and must declare, register and submit their 2011 USATF membership number, proof of birth date and entry fee by **MIDNIGHT THURSDAY NOVEMBER 10, 2011** to USATFNM Managing Director Laurie Sabik cell (505) 908-8996, Fax 866-454-4940, email: [lauriesabik@comcast.net](mailto:lauriesabik@comcast.net).

The National Championships will be held on Saturday, December 10<sup>th</sup> at Whispering Pines Golf Course in Myrtle Beach, South Carolina. The top 20 athletes and 3 teams at the Region 10 Championships will qualify for the National Championships. Information is available at:

[www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships](http://www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships).

**CONTACTS:**

**Meet Director:** Allan Swanson; 505-980-3901; [swansonallan@yahoo.com](mailto:swansonallan@yahoo.com)

**USATF Individual and Team Membership and Eligibility questions:**

Laurie Sabik: cell (505) 908-8996, Fax 866-454-4940, email: [lauriesabik@comcast.net](mailto:lauriesabik@comcast.net)

**Course Director:** Carl Brasher (505) 328-3835 [aattrack@aol.com](mailto:aattrack@aol.com)

